

visit our shop...

for the freshest, tastiest seafood from well managed, sustainable sources, plus a wide selection of high class wild game and poultry and other locally sourced and seasonal produce...

fresh fish

cod fillets
haddock fillets
plaice fillets
salmon fillets
salmon steaks
halibut
sea bass
lemon sole
dover sole
monkfish
turbot
hake
swordfish
tuna
marlin
herrings
herring roes
mackerel
sardines
brill
squid
red bream
red snapper
red mullet
trout
coley
john dory
whiting
whitebait
caviar
shark

seasonal fish

june - october
wild salmon
wild sea bass
wild sea trout

smoked fish

oak roast salmon,
(sliced or unsliced)
smoked haddock
smoked cod
manx kippers
boneless kippers
smoked mackerel
peppered smoked mackerel
smoked trout fillets

smoked fish deli

sliced smoked salmon
(200g packs or 1kg sides)
smoked salmon marinade
with honey, mustard and dill
smoked salmon trimmings
smoked salmon pate
smoked mackerel pate
smoked trout pate
(all pate made with
low fat cream cheese)

coated fish & shellfish

(prawns, scallops, haddock
and salmon)
Coquilles St Jacques
(mixed fish)
battered scampi 3 way cook
breaded scampi
king prawns in filo pastry
king prawns in tempura batter
handmade salmon fish cakes
cod fish cakes

Chapman's award-winning,
handmade, finest fish cakes

hot smoked salmon
salmon with lemon & dill
traditional whitefish & parsley
smoked haddock &
smoked bacon
haddock & leek with
cheddar cheese
thai style salmon

Chapman's luxury fish pie

herring, roll mops

in a selection of sauces
dill
onion
honey, mustard & dill

olive bar

a selection of olives, stuffed
peppers and capers from
The Fresh Olive Company

shell fish

prawns, peeled
crevettes (cooked king
prawns, shell on)
king prawns, peeled
king prawns, uncooked
oysters
clams
scampi
scallops, kings & queens
fresh mussels
lobster
crab
shrimps
whelks
cockles
langoustines
potted shrimps in butter
new zealand mussels
mixed seafood cocktail
samphire grass

imitation seafood

crab stix

soup

mixed fish soup
lobster bisque

bacon & ham

dry cured bacon
smoked bacon
streaky bacon
roast ham

sausages

delicious handmade sausages
from Eric Richmond's
of Wakefield
pork
pork & apple
pork & leek
pork & tomato
cumberland
cranberry & orange
venison

poultry & game

all our poultry is free range
and locally sourced

chicken breasts
(boneless and skinless)
chicken drumsticks
chicken thighs
norfolk premium
free range chickens
turkey leg
turkey breasts
gressingham duck whole,
oven ready
gressingham duck breast
duck breast stuffed with
orange & apricot
smoked duck fillets
(sliced or unsliced)
quail & quail's eggs
goose, whole or fillets
pheasant, whole or supremes
pigeon
venison haunch
(steak or diced)
wild venison
partridge
wild boar
(steak or diced)
rabbit, whole, oven ready
or diced
hare, whole, oven ready
guinea fowl, whole oven ready
or supremes
grouse

free range eggs

ice cream

luxury handmade Yorkshire
ice cream
vanilla
rum & raisin
chocolate
strawberry
caramel
irish cream
chocolate mint
plus a selection of
seasonal flavours

opening times

tuesday - friday 9am - 5pm
saturday 8.30am - 12.30pm
ample off road car parking available

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free delivery service, please ask for details



seafood that simply tastes better...